

JULIAN OF NORWICH 08 MAY

English anchoress 1343-1416

She wrote the earliest surviving book in the English language written by a woman.

All shall be well, and all shall be well and all manner of thing shall be well.

For we are so preciously loved by God that we cannot even comprehend it. No created being can ever know how much and how sweetly and tenderly God loves them. It is only with the help of his grace that we are able to persevere in spiritual contemplation with endless wonder at his high, surpassing, immeasurable love which our Lord in his goodness has for us.



Be a Gardener. Dig a ditch. Toil and sweat. And turn the earth upside down. And seek the deepness. And water plants in time. Continue this labour. And make sweet floods to run, and noble and abundant fruits to spring. Take this food and drink, and carry it to God as your true worship.

The fullness of joy is to behold God in everything.
God is the ground, the substance,
the teaching, the teacher,
the purpose, and the reward for which every soul labours.

Our Saviour is our true Mother in whom we are endlessly born and out of whom we shall never come.

It is a great understanding to see and know inwardly that God, who is our Creator, dwells in our soul, and it is a far greater understanding to see and know inwardly that our soul, which is created, dwells in God in substance, of which substance, though God, we are what we are.

He said not 'Thou shalt not be tempested, thou shalt not be travailed, thou shalt not be dis-eased'; but he said, 'Thou shalt not be overcome'.

The fullness of Joy is to behold God in everything.